We can do this two ways: time dilation or length contraction. Let d_o be the distance 25 m in the lab, and t_o be the proper lifetime of 2×10^{-8} seconds.

Time dilation: Let t_L be the lifetime of the moving pions as seen from the laboratory point of view. Then,

$$\begin{split} d_o &= vt_L = v(\gamma t_o) = (c\beta) \frac{t_o}{\sqrt{1-\beta^2}} \\ d_o{}^2 = \frac{c^2\beta^2t_o^2}{1-\beta^2} \\ (1-\beta^2)d_o{}^2 = c^2\beta^2t_o^2 \\ d_o{}^2 - d_o{}^2\beta^2 = c^2t_o^2\beta^2 \\ d_o{}^2 = c^2t_o^2\beta^2 + d_o{}^2\beta^2 \\ d_o{}^2 = c^2t_o^2\beta^2 + d_o{}^2\beta^2 \\ d_o{}^2 = \left(c^2t_o^2 + d_o{}^2\right)\beta^2 \\ \beta^2 = \frac{d_o^2}{\left(c^2t_o^2 + d_o{}^2\right)} \\ \beta = \sqrt{\frac{d_o^2}{\left(c^2t_o^2 + d_o{}^2\right)}} = \sqrt{\frac{25^2}{((3\times10^8)^2(2\times10^{-8})^2 + 25^2)}} = 0.946 \\ v = \beta c = 2.84 \times 10^8 \, \text{m/s} \end{split}$$

Length contraction: Let d_P be the length of the room as seen by the pion.

$$\begin{split} d_P &= vt_o \\ \gamma^{-1}d_o &= vt_o \\ \sqrt{1-\beta^2} \ d_o &= c\beta \ t_o \\ (1-\beta^2)d_o^2 &= c^2\beta^2 \ t_o^2 \\ d_o^2 &= d_o^2\beta^2 = c^2t_o^2\beta^2 \\ d_o^2 &= c^2t_o^2\beta^2 + d_o^2\beta^2 \\ d_o^2 &= \left(c^2t_o^2 + d_o^2\right)\beta^2 \\ \beta^2 &= \frac{d_o^2}{\left(c^2t_o^2 + d_o^2\right)} \end{split}$$

$$\beta = \sqrt{\frac{d_o^2}{\left(c^2 t_o^2 + d_o^2\right)}} = \sqrt{\frac{25^2}{((3 \times 10^8)^2 (2 \times 10^{-8})^2 + 25^2)}} = 0.946$$

$$v = \beta c = \frac{2.84 \times 10^8 \text{ m/s}}{2.84 \times 10^8 \text{ m/s}}$$