HW13-5 Soln)

 S_z is the component of S in the z-direction, and as such, it equals S $cos\theta.\,$ So,

$$\theta = \arccos\left(\frac{S_z}{S}\right) = \arccos\left(\frac{m_s\hbar}{\sqrt{s(s+1)}\hbar}\right) = \arccos\left(\frac{m_s}{\sqrt{s(s+1)}}\right).$$

With $s={}^{1}\!\!/_{2}$ and $m_{s}=\pm\,{}^{1}\!\!/_{2},$ there are two:

$$\theta = \arccos\left(\frac{-\frac{1}{2}}{\sqrt{\frac{1}{2}(\frac{1}{2}+1)}}\right) = 125.3^{\circ}$$
$$\theta = \arccos\left(\frac{+\frac{1}{2}}{\sqrt{\frac{1}{2}(\frac{1}{2}+1)}}\right) = 54.7^{\circ}$$