

10-1)

$$m = 0.2 \text{ kg}$$

$P = 2 \times 2.60 = 5.2 \text{ sec}$ - The motion described is only one half of a cycle.

Since $P = 2\pi (m/k)^{1/2}$,

$$k = 4\pi^2 m / P^2 = 4\pi^2 (0.2) / (5.2)^2 = 0.29 \text{ N/m}$$